



# Speech, Communication and Resilience

SCR4Cleft  
Survey Results

Estonia 2020



Co-funded by the  
Erasmus+ Programme  
of the European Union



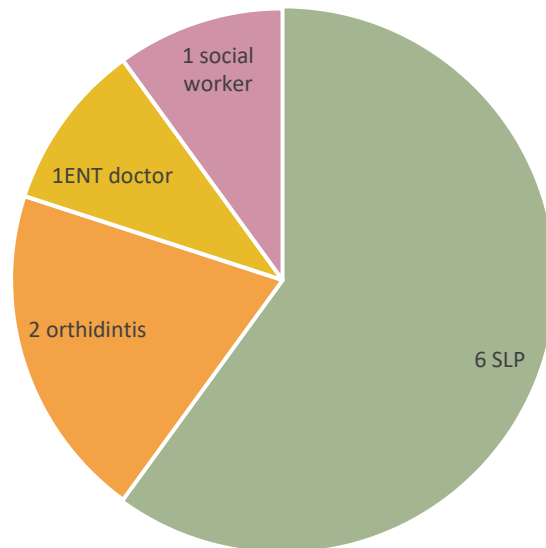
UNIVERSITY OF TARTU

# **SURVEY FOR Specialists in Cleft Field**

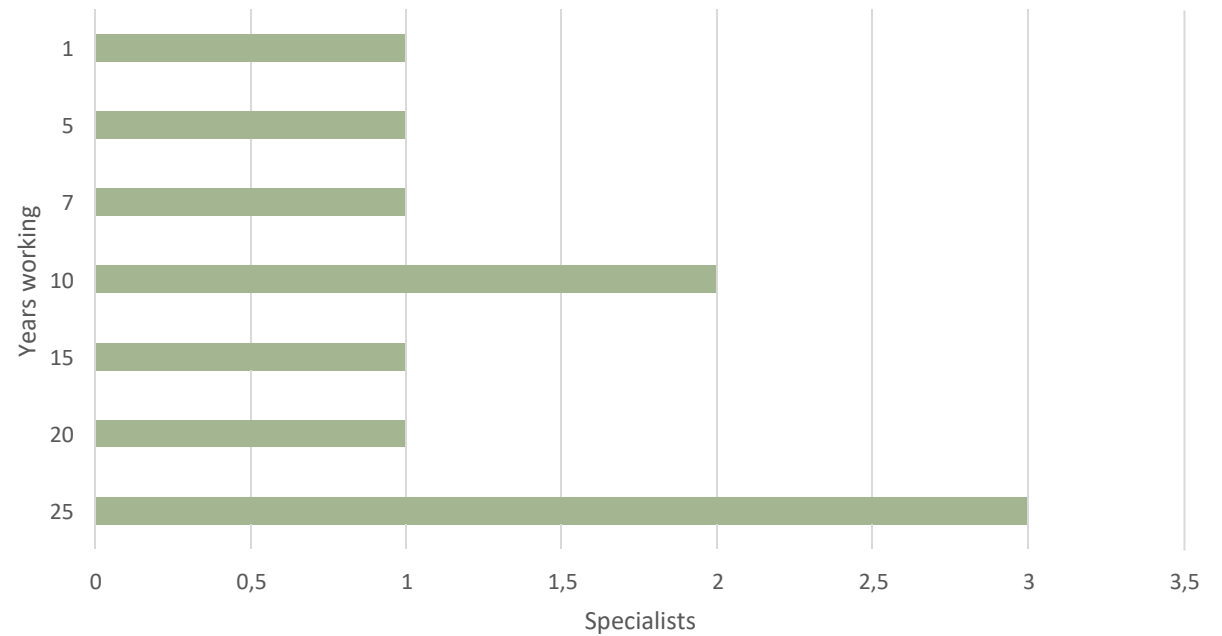
# Specialists in Survey

---

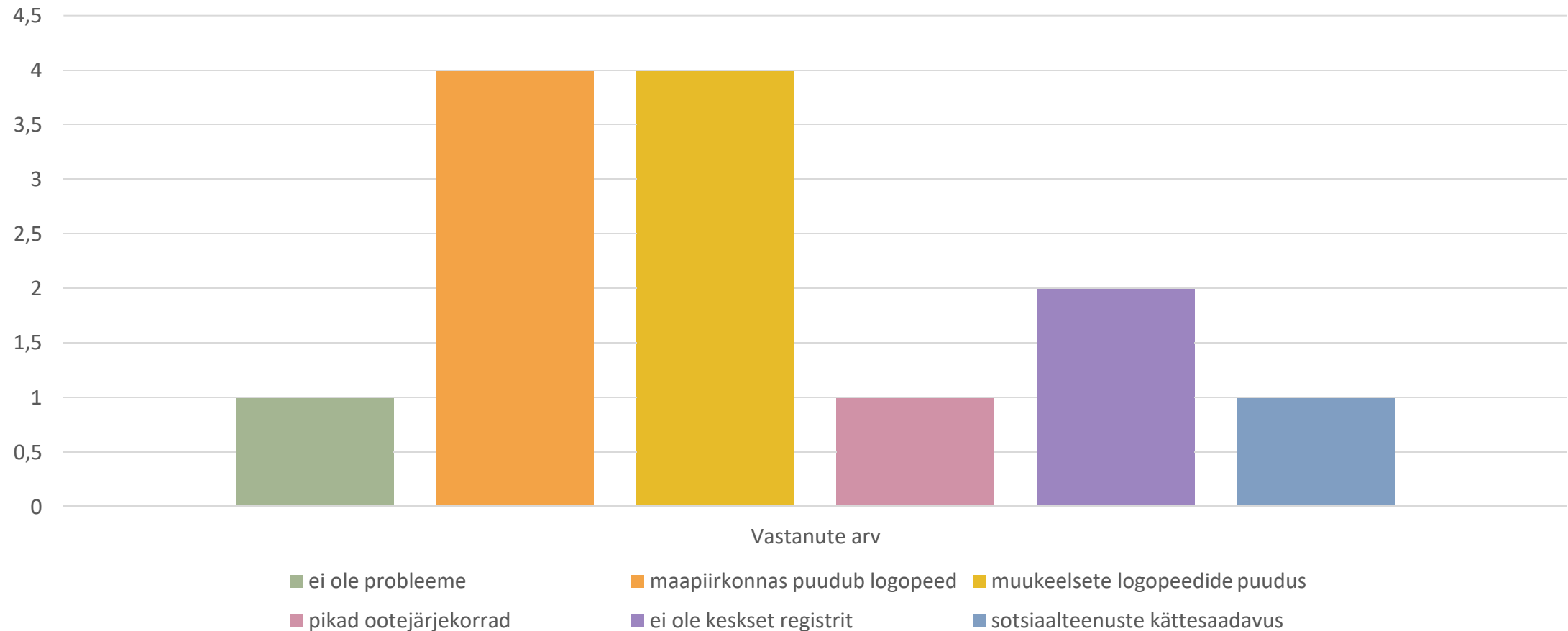
Specialists in project



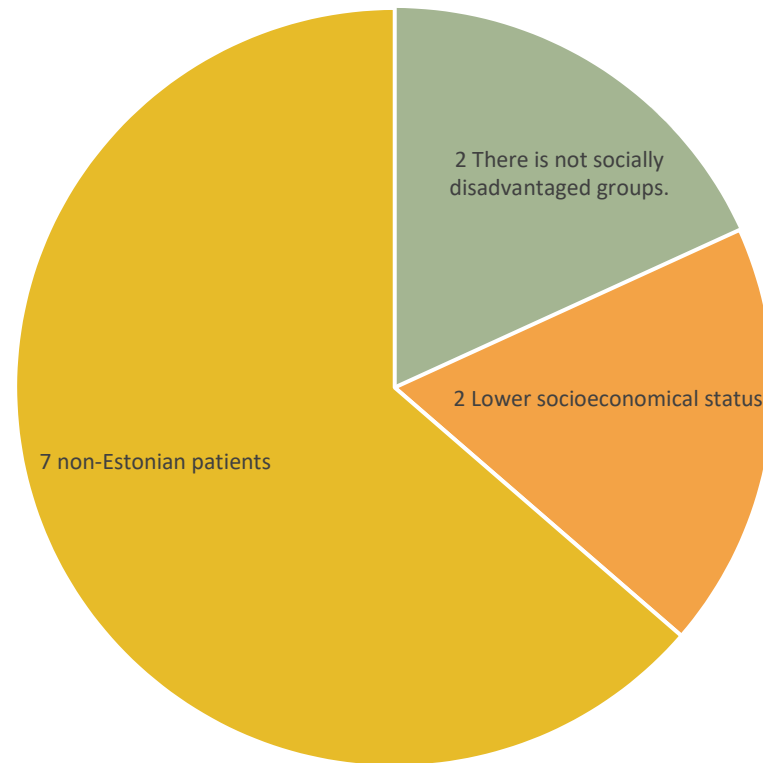
Years in Cleft Field



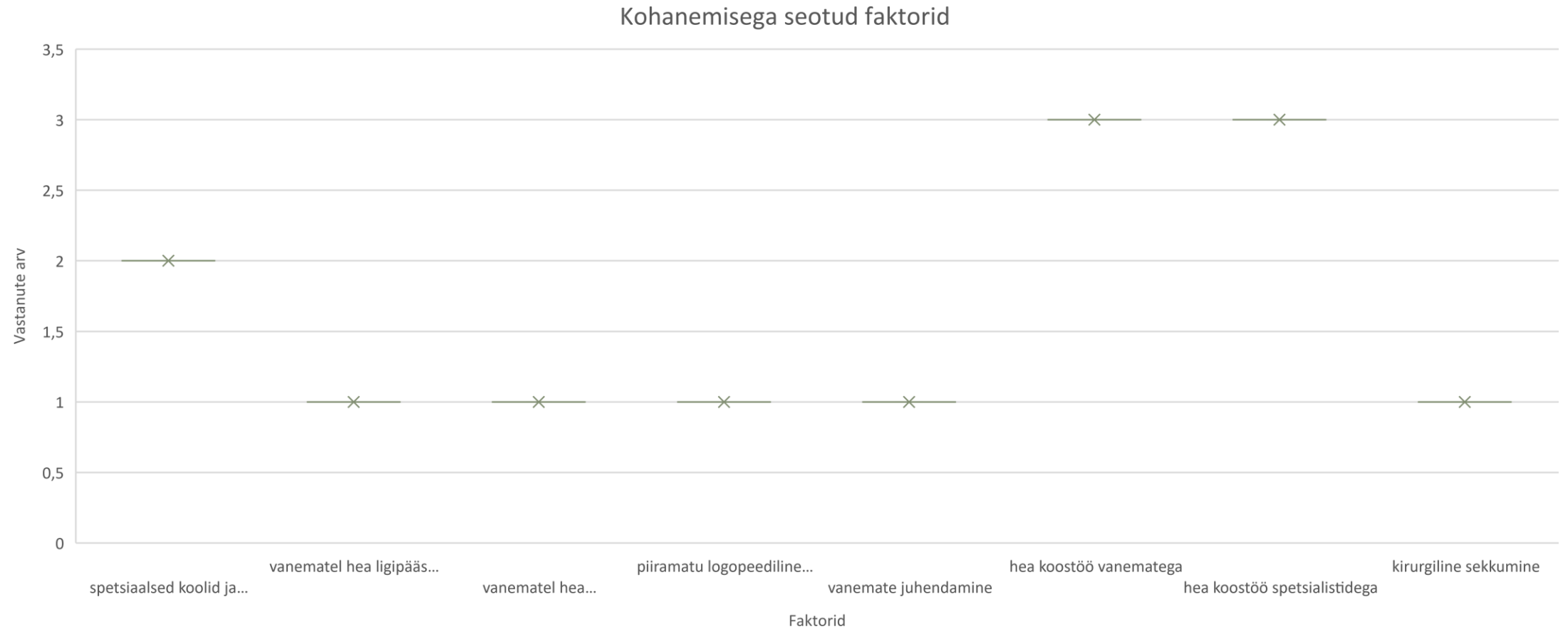
# 1. Do you think that patients with cleft face particular challenges in your country? If so, what are these challenges?



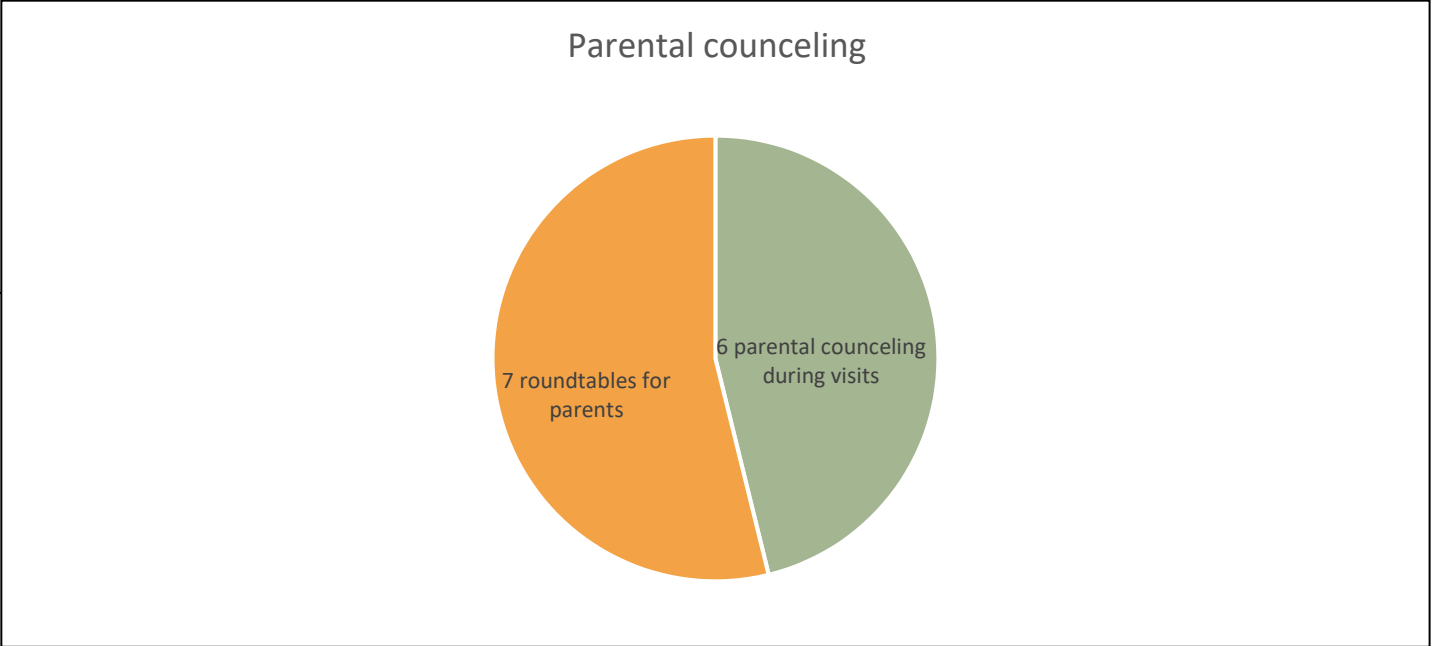
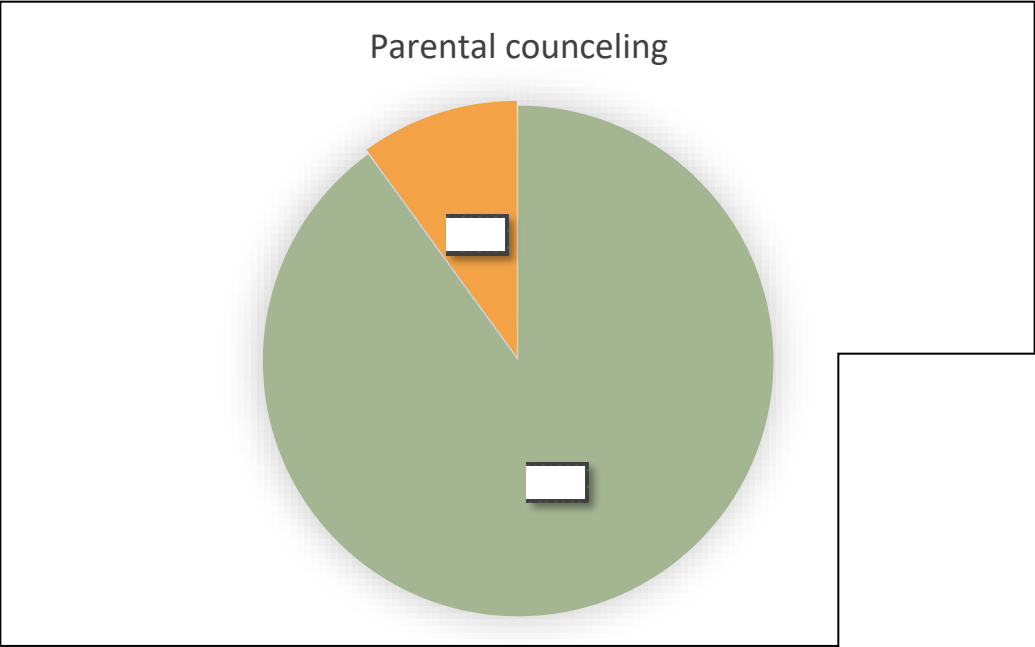
2. Are any of the challenges for people with cleft made easier/worse for those belonging to socially disadvantaged groups (for example, immigrants; different ethnic/social backgrounds; lower socio economic status)?



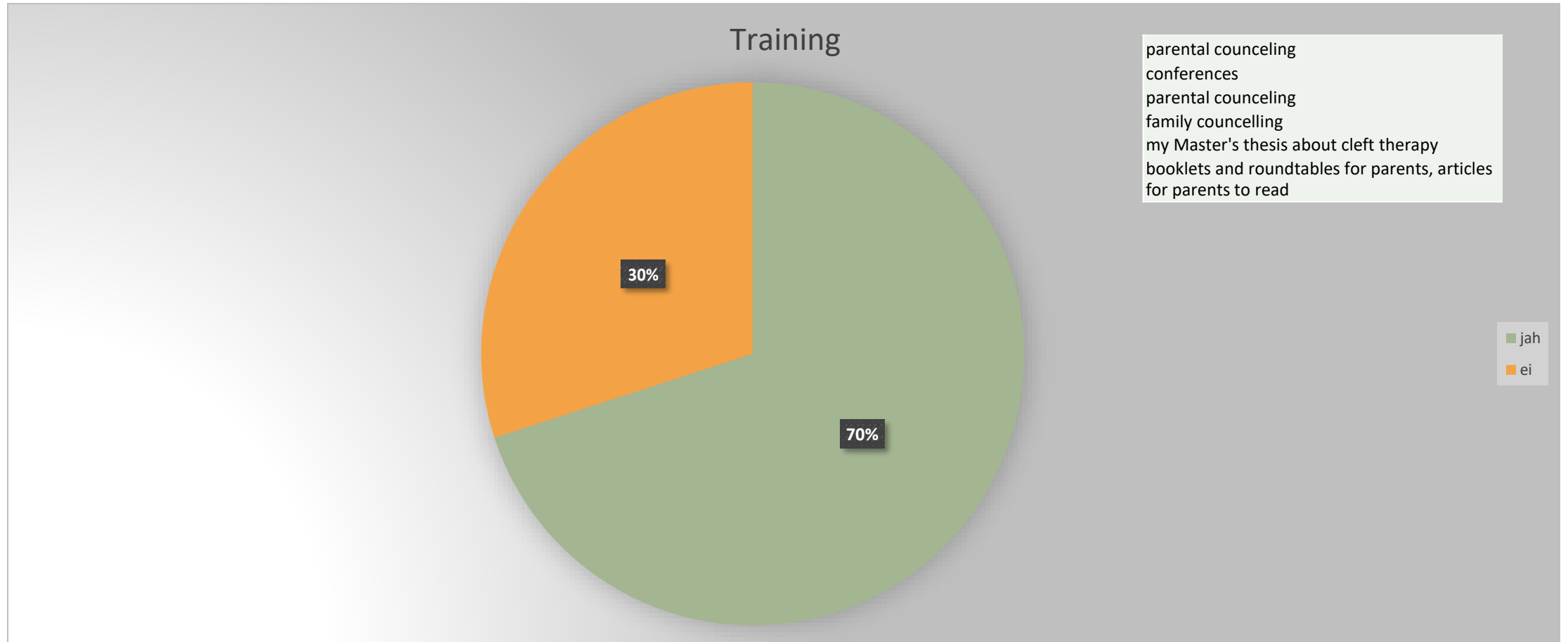
### 3. In your opinion, what factors are associated with positive adjustment to cleft?



# 4. Do you offer any training and/or support to parents to optimise outcomes in their children? If Yes, what training have you had?

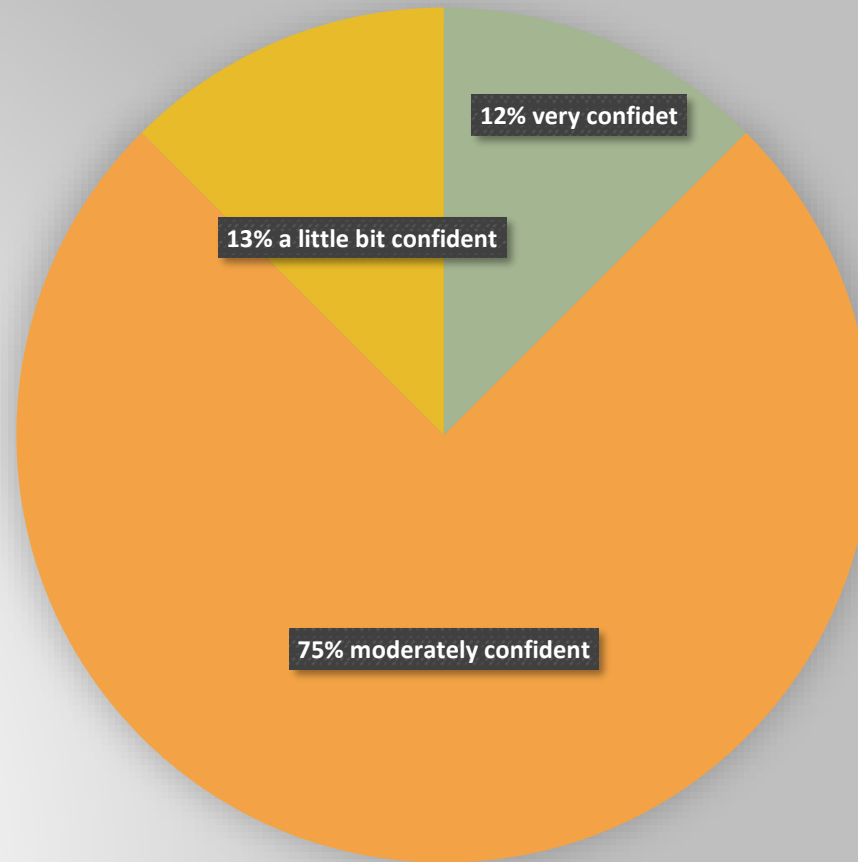


# 5. Have YOU had any training to enable you to help parents to do this? If Yes, what training have you had?





## 6. To what extent do you feel confident in addressing the needs of patients and families?



## 7. Do you think parents could play a more active role in optimising outcomes for their children? If yes, in what ways?

- All specialists answered YES to this question

sharing knowledge

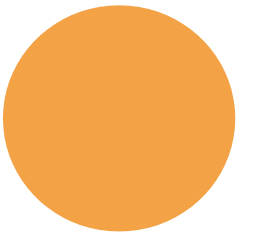
regular activities with children

actively engaged to therapy process

collaboation with SLT

Mostly continuing speech therapy exercises at home.

take part in workshops



8. Are there SLTs/psychologists to whom you can refer your patients/families?

All specialists answered YES to this question

9. Does your team have access to SLTs with experience in cleft speech disorders? If YES, do those therapists see all children to assess whether or not speech & language therapy would be beneficial?

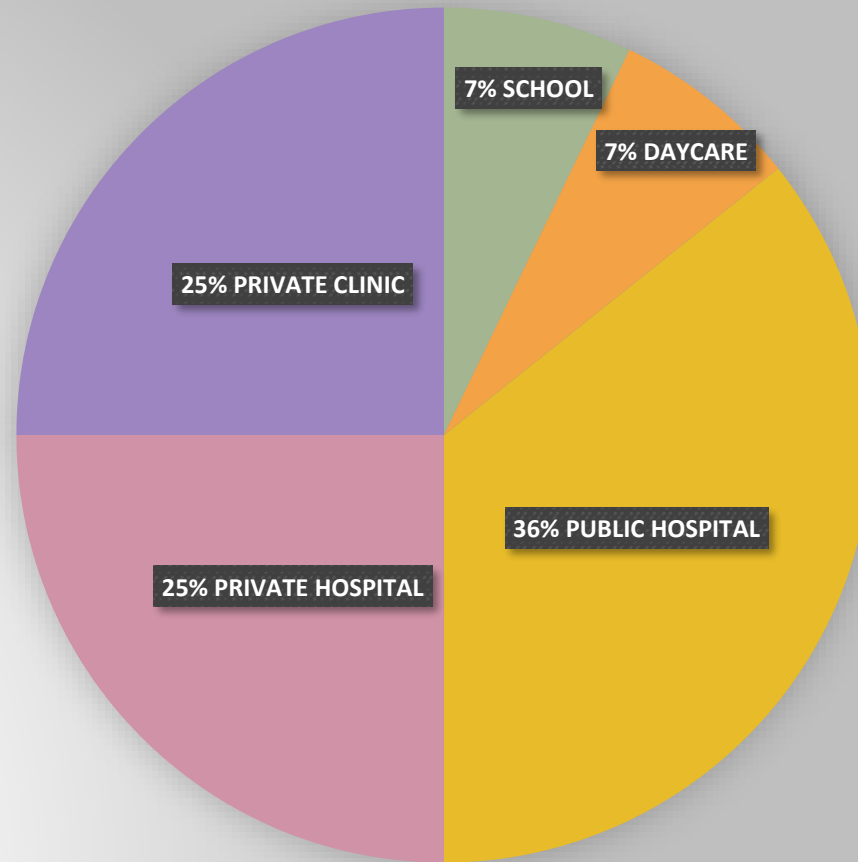
All specialists answered YES to this question

## 10. How does your team/SLTs cope with children who speak a different language to the Cleft team?

---

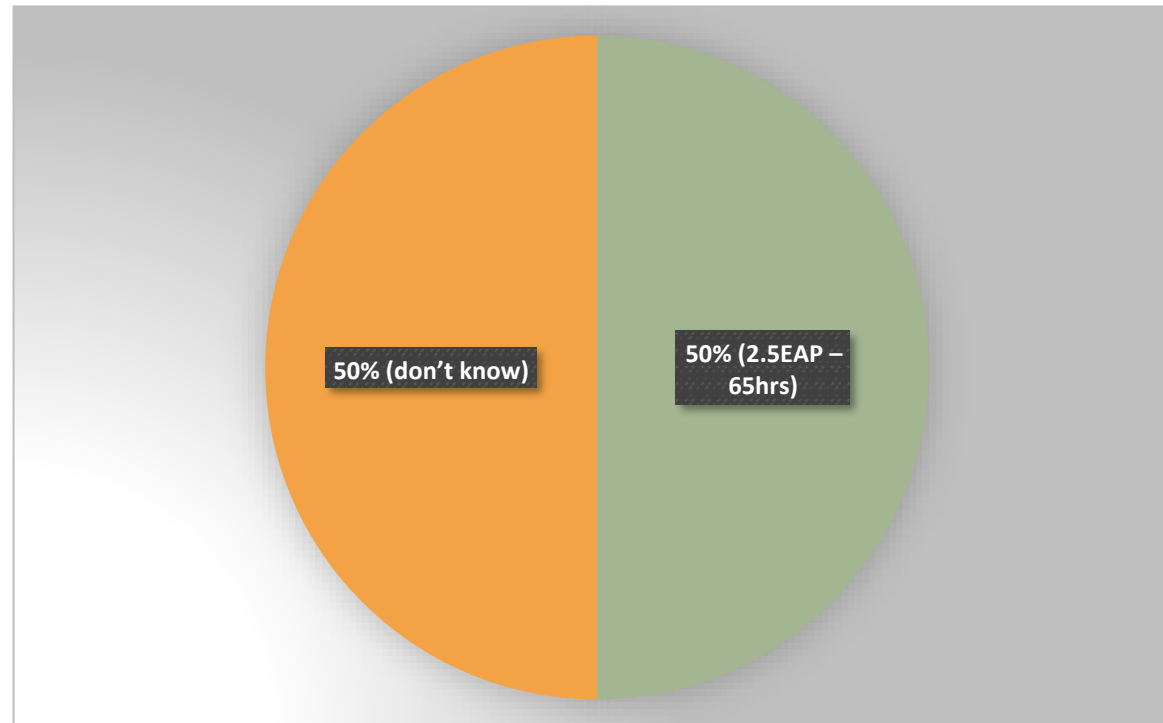
- find somebody in our clinic who speaks e.g Russian, help with translation
- use help from parents and co-workers
- SLT helps to find another SLT who speaks child's first language

# 11. Where do children with cleft speech disorders usually receive their intervention?

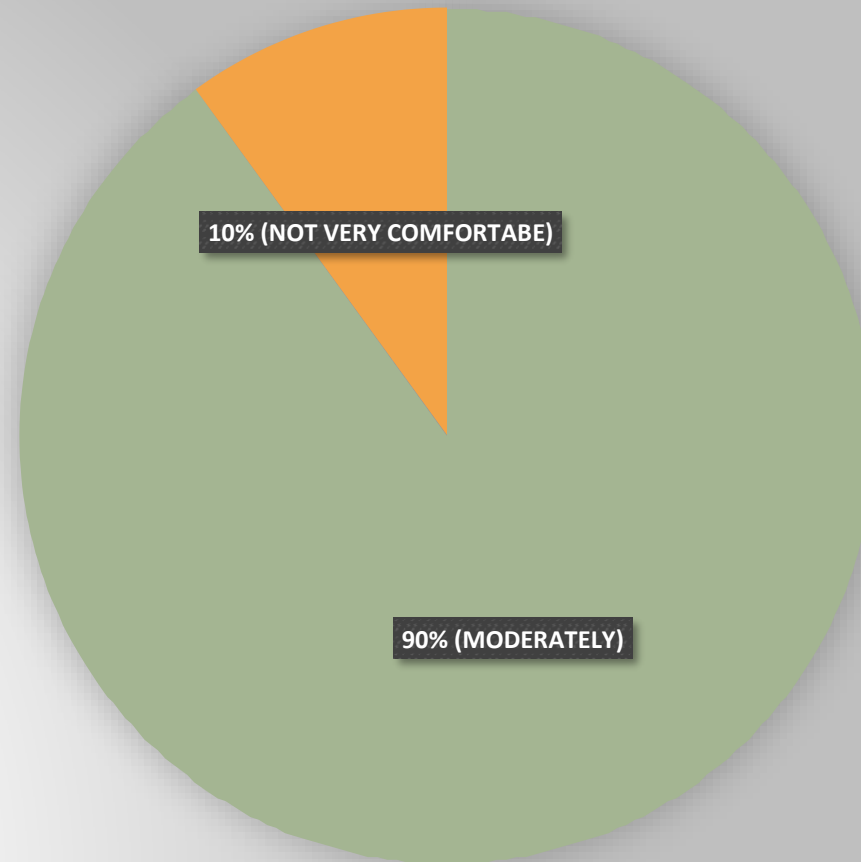


12. Is training in SLT available in your country? If so, how many hours of this training are dedicated to cleft?

All specialists answered YES to this question



13. How comfortable do you feel in supporting parents and children with communication and/or psychosocial difficulties?



# **SURVEY FOR Parents**



# Participated parents

## Participants

- 6 families (18-36m)
- 10 families (3-12y)

# 1. How is your child getting on at home?

18-36m

3-12y

5 – well or very well

10 – well or very well

1 – well, but understanding his  
speech is challenging

## 2. How is your child getting on at play group/nursery/school (if applicable)?

18-36m

3-12y

3 – well or very well

3 – child does not go to any groups or day care

6 – well or very well

2 – difficulty finding friends

2 – problems with speech, that hold children back from communicating more

### 3. Are there any particular challenges that you feel your child faces?

18-36m

All parents feel that their child faces challenges:

- afraid of communication
- speech difficulties (all parents)
- very quiet and shy
- very emotional because others do not understand him

3-12y

All parents feel that their child faces challenges:

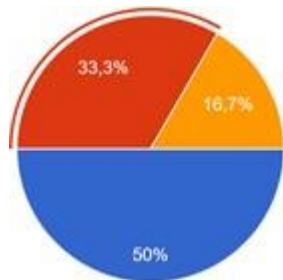
- finding friends
- shyness
- appearance issues
- speech quality

4.

Do these issues affect your and your child's daily life?  
YES/NO. If YES, in what ways?

18-36m

50% yes, 33,3% no, 16,7% no issues



- Stays out of conversation
- Communication problems with babysitter
- Very difficult leaving child behind

3-12y

All parents answered YES:

- Does not participate in conversations
- Does not take part activities that require speaking

5. Do you have any concerns for your child currently or in the future? YES/NO If YES, please specify...

18-36m

3-12y

All parents answered YES:

- Parents are concerned about child's speech and how it may affect their education
- Parents of bilingual child are concerned about quality of speech therapy and options for schools/programs

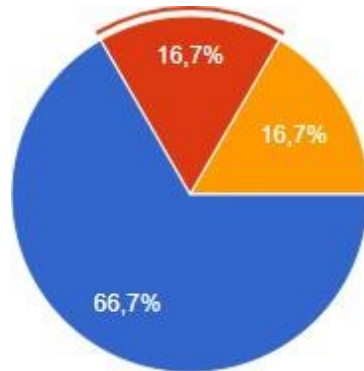
All parents answered YES:

- Parents are concerned about child's speech and how it may affect their education
- Parents are concerned about child's appearance and how it may affect social contacts and communication

## 6. Do you feel confident about identifying signs that your child may be falling behind with their speech development and/or communication skills?

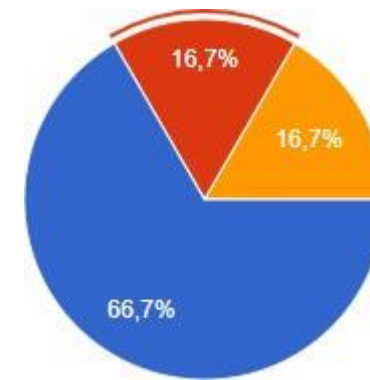
18-36m

- 66,7% moderately confident
- 16,7% not very confident
- 16,7% very confident



3-12y

- 66,7% moderately confident
- 16,7% not very confident
- 16,7% very confident

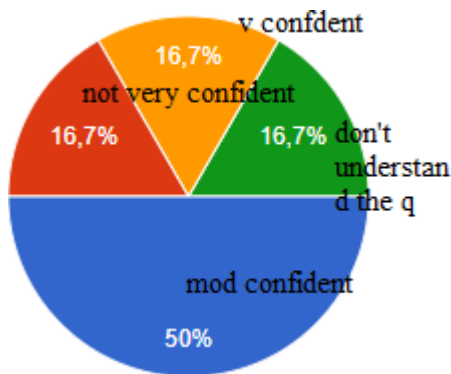


7.

Do you feel confident about identifying signs that your child's wellbeing is being affected by their cleft?

18-36m

3-12y



50% Moderately confident

25% Not very confident

25% Not at all confident

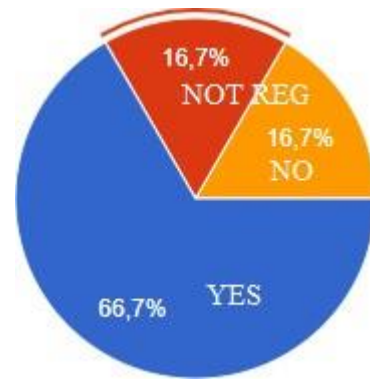


8. Do you have access to any additional support or assistance to help with any difficulties your child might be experiencing?

YES (Please specify)/NO

18-36m

3-12y



- Social worker
- There are not enough specialists in rural area, we're planning to move

- Psychologist
- Social worker
- Special ed. teacher
- Speech and language therapist
- NO (3 parents)

9. Would you like to have more information about ways of improving your child's chances of developing good speech and communication skills? YES/NO

18-36m

3-12y

All parents answered YES (100%)

All parents answered YES (100%)

10. Is there any additional information or support you would like? YES (Please give details)/NO

18-36m

3-12y

All parents answered YES (100%)

All parents answered YES (100%)

- More SLP services
- Implent a rehabilitation plan
- Extra SLP
- Special kindergarten group (speech group)
- New knowledge on field

11. How would you like this information provided (e.g. in a face to face workshop; in a booklet; online?). Please specify.....

- Workshops
- Round tables
- Booklets
- Webpage in Estonian
- All extra information channels would be good!